Welcome to experience an artwork that takes place inside your dreams... Here is a website broadcasting sounds with the intention of influencing the contents of your dreams. The project is based on sleep- and dream-research, indicating that external stimuli like sound, smell and touch can be experienced also during sleep. Our dreams are shaped by an inner world, as well as by experiences that we have had during the day and the external stimuli we are exposed to during sleep. While dreaming we get in contact with sub- and pre-conscious layers of our soul. Using sound you can influence your dreams.

Welcome to take part in this artwork that takes place in your bedroom and where the stage is your dream...

<pre> <i:::.date:monday (="")<br="" 04:12:30="" 16th="" 2009="" february="" of="" pm="">location:randyhate,brooklyn Sound:.Door(open and closed place unknown),2:44:2,Train (steam),4:1:2,Sea(South of Sweden),4:36:2,Summerday(bird, small lake),5:45:2,Boat(Horn, foggy de Stockholm 1987)),7:13:2,Blackbird(1962, Sweden),7:51:2,Black-throated Loon (year and place unknown),9:22:2,Sedge Warbler (20)</i:::.date:monday></pre>	ay,
Sweden),9:30:2,,	
 br>	
Thread=Subject: Intermittent sleep Name: Ivan Comments: After completing a dream-session I now recollect the following:	t
I sit at my desk in the office. The desk is full of empty milkboxes, ice-cream sticks and remains of halfeaten fruits. My charter than the strain of the desk is full of empty milkboxes, ice-cream sticks and remains of halfeaten fruits. My charter than the strain of th	
<pre> <:::.Date:Tuesday 17th of February 2009 (09:46:31 AM) location:Brian,London Sound:.Black-throated Loon (year and place unknown),5:57:3,Sedge Warbler (2004, Sweden),7:20:3,Horse (steps that approach slowly, like tired),8:20:3,Snow (for steps in fresh snow, like tired, Finishes with footsteps on cracking thin ice),8:41:4,, <pre> </pre></pre>	

Thread=Subject: There was a dream
b>
Name: Scb
Comments:My sleep was distruptive. There was a dream with lots of people like in an old village market. I awoke to the sounds in the program(or was it my house mate making noise then I noticed the sound). I was confused and didn't know what was happening. I remembered the program. The sound became disturbing until I realised it was footsteps in the snow. Then I felt comfortable. I awoke to this dream. We were having sex, and then I remember land water, like hoving over the earth. Our sex was rushed, like someone was going to arrive. Then I was in a field and many old male famous looking actors with grey hair and beards filed past me each getting something from the table that stood before us. We had stopped having sex, she was checking the door. I noticed a sizable chunk of flesh out of the side of my penis slightly bleeding. More sex would irritate it, I was dissappointed, we hadn't finished. Last night I watched a cop show where a severed leg with a chunk of flesh missing was in the plot.
font size="-1">Date: Saturday 22nd of April 2006 (11:56:22 AM) </br>

<ir:.Date:Monday 16th of February 2009 (04:12:30 PM)
location:randyhate,brooklyn
Sound:.Door(open and closed, place unknown),2:44:2,Train (steam),4:1:2,Sea(South of Sweden),4:36:2,Summerday(bird, small lake),5:45:2,Boat(Horn, foggy day, Stockholm 1987)),7:13:2,Blackbird(1962, Sweden),7:51:2,Black-throated Loon (year and place unknown),9:22:2,Sedge Warbler (2004, Sweden),9:30:2,,
br>

Thread=Subject: forgotten dreams br>Name: sunnylee comments: Sleep and dreams are keywords in my life. I struggle with dreams and sleep more than an average person my age should I once heard that after the age of 2, you are supposed to differentiate reality and dreams but I somehow lack that function. Normally my dreams are so colorful and thrilling that I could go on sleeping for the sake of dreaming. This makes it really hard to wake up in the mornings The night when I tried this dream program I know I dreamt alot of different clips of dreams that I woke up very confused and in a blur. I even remember that I woke up time to time to certain sounds while I was still dreaming. In the morning I woke up in actually a good mood— as if I got alot of work done during my sleep. that is always nice! I need to try this program for a few nights in a row to get some concrete results. font size="-1">br> <i-1">Date: Saturday 29th of April 2006 (09:18:30 PM)</i-1">
<pre> <i::: (="")<br="" .date:thursday="" 03:29:22="" 19th="" 2009="" february="" of="" pm=""></i:::>br>Sound:door(open and closed, place unknown) dreamt:was hired to teach ballet to comutters on the subway. do you have any idea how hard it is to go on point on a moving subway car? next door neighbor's dog from when i was a kid climbed into my back yard (present day) to bring me t-shirt w/ greek letters on it. br></pre>
 br>
Thread=Subject: waked up happy Name: Klara Comments: I listened all the night to the program deep sleeping. In the morning I waked upp with a happy feeling and with ful energy. I couldnt rember the dreams but I am sure I had good dreams. Just one person toke place in my dream memory. It was a man back in my lifehistory, just standing there - no movement and no voice 1
April 2006 (09:46:48 PM)
Thread=Subject: the car Shr>Name: Magnus Sweden Comments: I am standing on top of the hill on the street outside the house where I live. I am watching a red car 10 meters in front of me. A sound is coming from it and it is very loud. It is hind of a car alarm but it is normal, that a car

Thread=Subject: the car
Name: Magnus Sweden
Comments: I am standing on top of the hill on the street outside the house where I live. I am watching a red car 10 meters in front of me. A sound is coming from it and it is very loud. It is kind of a car alarm but it isn treatly. It sounds a bit strange but I clearly understand that it is normal, that a car can sound like this, when somebody tries to steel it or open it not properly. But at this very moment no one is around. As the matter of fact I can tree is completly empty. I stand and watch the car for a couple of minuties but no one turns up.It seems strange that no one hears it. It morning but someone should hear or the owner should turn up anyway. But no one shows up. Suddenly the image starts to fade. The scenery starts to crackle. A knew familiar view comes to my mind. It lying in my bed and the alarmclock is ringing and ringing. I turn to my side and put and end to the sound with my right hand. Sp><ip>Date: Thursday 27th of April 2006 (09:18:55 PM)

Thread=Subject: green oil colour Name: Sarah Comments: When listening to the water sound I had a dream; sleeping in my bed with my cat there was unusually also a box. From the sky an intensive green oilcolour flowed down in the bomore and more when listening to the water sound I had a dream; sleeping in my bed with my cat there was unusually also a box. From the sky an intensive green oilcolour flowed down in the bomore and more br>
<pre> Subject: RE: green oil colour Name: Comments: x <i>Date: Friday 20th of February 2009 (02:49:13 PM)</i> cbr></pre>
Date:Saturday 09th 2016f January 2016 (11:17:52 PM) br>location:undefined,undefined br>Sound: cbr>
<pre> <:::.Date:Friday 15th 2013f February 2013 (08:25:07 AM) location:undefined,undefined Sound: </pre>
<pre> <:::.Date:Sunday 06th 2011f November 2011 (11:06:47 AM) Location:Curt,Stockholm Sound: </pre>
Date:Friday 07th of April 2006 (07:19:46 AM) Sound:door(open and closed, place unknown) Dreamt:I`m using the program (this) for a radioshow at a tram. I`m at diffrent places but I`m in Gothenburg. The tram door opens. I see people. Sound:door(open and closed, place unknown) The tram door opens. I see people. Dreamt:I`m using the program (this) for a radioshow at a tram. I`m at diffrent places but I`m in Gothenburg. The tram door opens. I see people. Dreamt:I`m using the program (this) for a radioshow at a tram. I`m at diffrent places but I`m in Gothenburg. The tram door opens. I see people. Dreamt:I`m using the program (this) for a radioshow at a tram. I`m at diffrent places but I`m in Gothenburg. The tram door opens. I see people. Dreamt:I`m using the program (this) for a radioshow at a tram. I`m at diffrent places but I`m in Gothenburg. The tram door opens. I see people.
Thread=Subject: in the middle of a war Name: Mollv Comments: Tonight. I was trapped in the middle of a

Thread=Subject: in the middle of a war
Name: Molly
Comments: Tonight, I was trapped in the middle of a war. I was in Germany with friends and suddenly we were told we had to catch the next train back to Sweden because otherwise we would not be able to get out of the country at all. My friends were scared but I was secretly excited when we actually missed the train. The next thing I knew, we were inside a building, in a narrow corridor and when I found a door and opened it, it turned out we were in a girls\forall school, in their changing room. I quickly shut the door to the showers and then turned around to the most clever guy in our bunch and said to him in a loud voice: CAN YOU PLEASE PRESENT OUR LITTLE SHOW! I found myself very smart as I came up with such a logic excuse for us being in their changing room\tilde{O} When I woke up and checked which sounds I had been exposed to during my sleep, it turned out to be among others a boat whistle (easily confused with a trains whistle) and the sound of water.
Str><ir>br>

Thread=Subject: Shoes
Name: Anna
Comments: I was out buying shoes in a shoe shop. Theweird thing was that it was owned by mysister-in-law that I didnít know owned a shoe shop. I buy a pair of shoes. When I come home my husband think its the mostugly shoes his ever seen. I decide to return them. That makes my sister-in-law and brother-in-law angry and decides that they never wants to see or talk to me again. My husband gets happy and think itís good. I dreamt this dream when using the program. I saw that "footsteps on thin ice" has been playing during the night.
font size="-1">Date: Thursday 04th of May 2006 (11:58:34 PM)</br>

Date:Tuesday 22th of April 2006 (07:48:59 AM Cuba with my father, and tonight I dreamed we were dancing outside our house and he was throwing me high up in the air and we both turned out to be really professional dancers - something none of us was aware of beforeöö. I can't relate it to any of the sounds that was played during the night. -:::.
<pre> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <in> <</in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></in></pre>
<pre> Subject: RE: aeroplane Name: o Comments: use paper and a pencil next to the bed and you might remember it nest time. It seams that a lot of people dreams about traveling, trains, aeroplanes, walking, cars <i>font size="-1">Date: Friday 05th of May 2006 (12:08:57 AM)</i> cbr></pre>
<pre> Subject: RE: aeroplane Name: sunny Comments: yes! true- I didn't have the program on this time, but I took a nap during the day and had very realistic but movie-like dreams of me riding my old-fashioned bike as if it was a mo- torcycle. I was going so fast and felt good although a bit scared.</pre>
At the same time everyone in my dream was gigantic. I was much bigger than my bike and when I looked at my feet touching the ground it was the GreenGiant's(corns) feet. There was a police car ahead of me waiting for me but they were too small and helpless. helpless. i> Date: Friday 05th of May 2006 (12:11:05 AM) cbr>
<pre> Subject: RE: aeroplane Name: Azra Comments: How interesting! I also dreamt that I crashed with an airplane in Iceland, and I did not get hurt. I experienced a strange feeling while falling and happiness that I survived. <i> <i>Date: Sunday 21st of May 2006 (04:17:18 PM)</i> </i></pre>
<pre> Subject: RE: aeroplane Name: Comments: - <i>Date: Saturday 21st of October 2006 (10:04:52 PM)</i> </pre>

Date: Sunday 09th of April 2006 (11:56:22 AM) Sound:Clock (Wall Clock Dated 1823 Strikes 12 Strikes

ago. It was a nightmare. I couldn'it relate the dream to any of the sounds that was playing during night or maybe the sound of a black throated loam could cause such a dream or the door closing. Fun! about being in school and my heart beats very fast. I hated school. (hi magnus!)
i>Date: Friday 05th of May 2006 (09:35:15 PM)</i>< br>_____ Thread=Subject: theatre
Name: Valter
Comments: As usual, I did most of my dreaming after going back to sleep in the morning, when I should have gotten up already, so the program was off. But I do remember dreaming earlier in the night that I was at a theatre (to see a concert, I think). I had been told they served the best coffee in town at this place, but I couldn't decide if I should try it - it was so expensive. There may be a link to the sound of applause from a theatre that was played.

i>Date: Monday 08th of May 2006 (12:46:23 PM)</i> br>
<ir><Dr><-ir><- Date:Tuesday 08th 2011f November 2011 (05:40:17 AM)</pre>
<- Journal of the control of the

>:::.Date:Tuesday 08th 2011f November 2011 (04:05:54 AM)
location:undefined,undefined
>Sound:

br> Thread=Subject: nightmare>Name: qunsel>Comments: I had a terrible nightmare when waking up while I was using the program. I can't see any connections to the sounds that where playing, and don't remember any sounds in the dream.
dre><i>Date: Saturday 07th of October 2006 (10:33:36 AM)</i>

Thread=Subject: restless legs
Name: Jan
Comments: I have restless legs but I never dream about them moving
<i>Date: Sunday 29th of March 2009 (07:48:59 PM)</i>

Thread=Subject: earth suffering
b>
name: Elisabeth
formments: The night before the dream program i decided to prepare my dreammemory. In the middle of the night the bed squeaked and creaked and iI had a dream;

I moved on a green field, an area of my childhood and came to a piece of earth. Somebody told me - I just heard a voice telling me that the evening before there was a fight and the ending was the death. When I touched the brown earth I heard the earth suffering.....

'i>Date: Wednesday 19th of

<pre>cleaner(from floor below),7:23:3,Rain (Porch,Slick,Calm),8:28:18,, </pre>	
<pre> <:::.Date:Wednesday 03rd of May 2006 (05:50:18 AM) of Sweden),0:39:3,Summerday(bird, small lake),1:38:3,Boat(Horn, foggy day, Stockholm 19 Sweden),4:14:3,Black-throated Loon (year and place unknown),5:5:3,, br></pre>	, , , , , ,
<pre> <ir> <ir> <ir> <ir> </ir> Thursday 27th of April 2006 (10:21:16 PM) Strikes Strik</ir></ir></ir></pre>	Large theater),3:20:3,Vacuum cleaner(from s 12),6:27:3,Clock (19th Century Mantle-
<pre> <irdate:tuesday (="")<br="" 10:21:16="" 2006="" 25th="" april="" of="" pm=""></irdate:tuesday>fresh snow, like tired, Finishes with footsteps on cracking thin ice),2:56:6,Applause(I floor below),5:7:6,Rain (Porch,Slick,Calm),6:15:6,Clock (Wall Clock Dated 1823 Strikes piece Clock Stikes 2 O'clock),7:52:6,Clock (19th Century Mantlepiece Clock Stikes 2 O'csonow, like tired, Finishes with footsteps on cracking thin ice),10:15:6, </pre>	Large theater),4:20:6,Vacuum cleaner(from 12),6:31:3,Clock (19th Century Mantle-

Thread=Subject: dreamscars
Name: stephen
Comments: I woke up one morning after what seemed like a restless night. I felt tired and groggy. When I looked in the mirror I noticed I had a cut on my forehead. At that point I remembered being in some kind of close-combat struggle with someone in my dream and that I had slowly pushed my fingernail into my assailants forehead, scraping away the skin. I had more hair then than I do now, and the cut was quite high up on my forehead, so I thought I could mostly conceal it during the day. The next night I must have had a rematch because when I woke up I had another cut, this time on the side of my face. One thing I noticed then was, if you have just one cut on your face people tend to look at it and not say anything but when you have two cuts then they tend to say iwhat happened to you, been in a fight or something?î Itis quite difficult to explain that you have been in a fight but that it was with yourself in a dream. Itis also quite difficult to work out if you won or lost that fight! As I live in a third floor flat in Glasgow there is the possibility of hearing my neighbours; either through the walls or through the floors or of hearing noises from flats across the back courtyard coming through my open bedroom window. On some occasions louder noises can be heard coming from the street beyond the back courtyard. More often than not it is the sound of music coming from a flat having a party mixed in with people talking loudly through the music. When it is quiet I can hear the distant sound of a generator or heating system, which usually switches off about 1 am. Every now and then, in the early hours of the morning, you can hear random shouts or screams or bad singing from stray drunks staggering home. I can only guess that my self-inflicted cuts were a result of sounds penetrating my

sleep. Perhaps there was a late-night argument in the flat directly below or a fight in the street and the aggressive nature of the voices triggered my own nocturnal conflict. <i>Date: Tuesday 02nd of May 2006 (09:36:32 PM)</i>
<pr> :::.Date:Wednesday 22nd of April 2009 (07:30:07 AM) location:emily,annandale on hudson Sound: </pr>
<pre> <i::.date:saturday (="")<br="" 09:06:31="" 2006="" 27th="" am="" may="" of="">location:undefined,gvteborg Sound:.Black-throat- ed Loon (year and place unknown),0:36:4,Sedge Warbler (2004, Sweden),2:6:10,Horse (steps that approach slowly, like tired),2:46:10,Snow (footsteps in fresh snow, like tired, Finishes with footsteps on cracking thin ice),3:32:10,Applause(Large theater),5:11:10,Vacuum cleaner(from floor below),5:56:10,Rain (Porch,Slick,Calm),7:16:10,Clock (Wall Clock Dated 1823 Strikes 12),7:30:4,Clock (19th Century Mantlepiece Clock Stikes 2 0\'clock),9:1:10,, <</i::.date:saturday></pre>
Thread=Subject: black metal Name: Sennahoj Comments: This was early spring about 3 or 4 years ago. My dream was about dark horses. I haden\text{#t} dreamt anything in a long time. I woke up about five in the morning from heart- breaking terrible sound coming from somewhere in the house. I thought I\text{#d} come to hell. Two of my neighbours were fight- ing and listening to some kind of music involving screams of death and pain. I knew my dream about the black horses had been influenced by the sounds of evil madness, and probably a famous movie that came out the same year. The black horses were coming towards me. And finaly crushed. font size="-1">Date: Friday 05th of May 2006 (12:59:31 PM) br>
Thread=Subject: Limboland Name: Ian C Comments: Sometimes I dream and wake up and I am still dreaming! Once I dreamt I was on my bed and heard a scurrying underneath. I push the bed aside and there are rats under there. I corner one and it has a human face. At this point I leap out of bed for real and yank my pillow away, expecting to see it. For a moment I am awake and still dreaming.
Thread=Subject: Total jerk Name: Lars N Comments: In my nightmare I behave like a total jerk. I am using the people around me for my own purposes and I am mean to my girlfriend and to my best friends. I am stealing, cheating, talking behind people's backs. Even if I am such an **** everyone is staying and forgiving me. There are no conequense for my behaviour so to say. At one point I realise what I am doing but I can't stop. I'm not exactly enjoying it but it's impossible to change just like that. <i>StorySto</i>

lot of narrow stairs that lead up to a tower. Finally The room was full of things, trash and design furnitur were some smaller bedrooms in each directions as well friends and relatives that I had invited to live with	r>Comments: I went inside a house with R. We went upstairs, there where a we came to a room with 7 windows in all directions. This room was mine. e an objects all around the place. It looked nice, messy and cosy. There . People were moving around and doing differents things. They were my me. de to make love br> <i><io>font size="-1">Date: Saturday 27th of May 2006</io></i>
lake),23:48:3,Boat(Horn, foggy day, Gothenburg 1987)),	AM) br>location:Bo,Sweden, Jonkoping br>Sound:.Summerday(bird, small 1:2:3,Blackbird(1962, Sweden),1:35:3,Black-throated Loon (year and place rse (steps that approach slowly, like tired),4:48:3,snow (footsteps in cking thin ice),6:2:3,, br>
unknown),3:43:2,Train (steam),5:9:2,Sea(South of Swede	ation:Kuut,Estonia br>Sound:.Door(open and closed, placen),5:47:2,Summerday(bird, small lake),6:30:2,Boat(Horn, foggy day, Stock-throated Loon (year and place unknown),10:12:2,Sedge Warbler (2004,
,	:58:58 AM) br>Sound:door(open and closed, place unknown) br>dreamt:my videos that she went on hunger/purr/cute strike till she got her own
<pre> <:::.Date:Thursday 12th of February 2009 (07: br></pre>	47:13 AM) br>location:Andrea,Seattle Sound:
Sweden),2:11:3,horse (steps that approach slowly, like	9 AM) br>location:Jim,g^teborg,Sweden br>Sound:.Sedge Warbler (2004, tired),2:51:3,snow (footsteps in fresh snow, like tired, Finish-e(Large theater),5:17:3,Vacuum cleaner(from floor below),5:44:3,Rain
Gothenburg 1987)),2:48:3,Blackbird(1962, Sweden),3:47:	AM) br>location:Johan,Stockholm,Sweden Sound:.Boat(Horn, foggy day, 3,Black-throated Loon (year and place unknown),4:38:3,Sedge Warbler y, like tired),7:2:3,snow (footsteps in fresh snow, like tired, Finishes arge theater),8:37:3,, br>

G√teborg
br>Sound:.Vacuum cleaner(from floor below),2:31:3,Rain (Porch,Slick,Calm),3:31:3,Clock (Wall Clock Dated 1823 Strikes 12),5:13:3,Clock (19th Century Mantlepiece Clock Stikes 2

(2004, Sweden), 6:7:3, horse (steps that approach slowly, like tired), 6:51:3, snow (footsteps in

fresh snow, like tired. Finishes with footsteps on cracking thin ice).7:53:3..
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>.:::.Date:Saturday 08th of April 2006 (09:36:44 AM)
>location:Markus,G^teborg,

.:::.Date:Wednesday 12th of April 2006 (05:37:54 AM)
procation:Elisabeth, Jonkopi ng, Sweden
Sound:.Black-throated Loon (year and place unknown), 23:51:3, Sedge Warbler (2004, Sweden), 1:14:3, horse (steps that approach slowly, like tired), 1:30:3, snow (my footsteps in fresh snow, like tired, Finishes with footsteps on cracking thin ice), 3:24:3, Applause(Large theater), 4:11:3, Vacuum cleaner(from floor below), 4:36:3, Rain (Porch, Slick, Calm), 5:36:3,,
br>

Date: Tuesday 11th of April 2006 (07:48:59 AM)

Sound: not specified.

Specifie

country at all. My friends were scared but I was secretly excited when we actually missed the train. The next thing I knew, we were inside a building, in a narrow corridor and when I found a door and opened it, it turned out we were in a girls\footnote{Y} school, in their changing room. I quickly shut the door to the showers and then turned around to the most clever guy in our bunch and said to him in a loud voice: CAN YOU PLEASE PRESENT OUR LITTLE SHOW! I found myself very smart as I came up with such a logic excuse for us being in their changing room\tilde{O} When I woke up and checked which sounds I had been exposed to during my sleep, it turned out to be among others a boat whistle (easily confused with a trains whistle) and the sound ofwater -:::.
<pre> <br< td=""></br<></pre>
<pre> <i:::date: (="")<br="" 07:19:46="" 07th="" 2006="" am="" april="" friday="" of="">Location:Jim,G^teborg, Sweden Sound:door(open, closed),0:57:3,train (steam),2:23:3,Sea(South of Sweden 1977),2:48:3,Summerday(bird, small lake),3:42:3,Boat(Horn, foggy day, Gothenburg 1987)),4:41:3,Blackbird(1962, Sweden),5:35:3,Black-throated Loon (year and place unknown),7:7:3,, </i:::date:></pre>
Date:Monday 08th of May 2006 (09:48:59 AM) Sound:not specified br>dreamt:As usual, I did most of my dreaming after going back to sleep in the morning, when I should have gotten up already, so the program was off. But I do remember dreaming earlier in the night that I was at a theatre (to see a concert, I think). I had been told they served the best coffee in town at this place, but I couldn't decide if I should try it - it was so expensive. There may be a link to the sound of applause from a theatre that was played. .:::.
<pre> <i:::.date:saturday (="")<br="" 03:50:59="" 18th="" 2009="" april="" of="" pm=""></i:::.date:saturday>/4:27:2,Clock (Wall Clock Dated 1823 Strikes 12),4:33:2,Clock (19th Century Mantlepiece Clock Stikes 2 0\'clock),6:12:2,Clock (19th Century Mantlepiece Clock Stikes 2 0\'clock),7:28:2,Applause(Large theater),7:58:2,Vacuum cleaner(from floor below),9:26:2,Rain (Porch,Slick,Calm),9:46:3,, /br></pre>
<pre> <i:::.date:friday (="")<br="" 01:56:58="" 17th="" 2009="" april="" of="" pm=""></i:::.date:friday>br>location:undefined,undefined Sound:.Rain (Porch,Slick,Calm),3:33:3,Clock (Wall Clock Dated 1823 Strikes 12),4:46:3,Clock (19th Century Mantlepiece Clock Stikes 2 0\'clock),5:41:3,Clock (19th Century Mantlepiece Clock Stikes 2 0\'clock),7:6:3,Clock (Wall Clock Dated 1823 Strikes 12),7:53:3,, </pre>
<pre> <:::.Date:Thursday 12th of February 2009 (10:25:20 PM) location:undefined,undefined Sound: </pre>
<pr> <:::.Date:Thursday 12th of February 2009 (05:21:17 PM) location:William,Seattle Sound: </pr>

<pre> <:::.Date:Thursday 12th of February 2009 (12:32:59 PM) >cation:z,y Sound: </pre>
<pre> <:::.Date:Thursday 12th of February 2009 (09:19:28 AM) location:William Damon,Seattle Sound: </pre>
<pre> <:::.Date:Thursday 12th of February 2009 (07:49:28 AM) location:undefined,undefined Sound: </pre>
<pre> <:::.Date:Thursday 12th of February 2009 (03:01:32 AM) location:Sarah,New York Sound: </pre>
<pre> <:::.Date:Wednesday 11th of February 2009 (11:33:05 PM) location:undefined,undefined Sound: </pre>
Date:Tuesday 11th of April 2006 (07:48:59 AM) Sound:not specified The weird thing was that it was owned by my sister-in-law that I didnít know owned a shoe shop. I buy a pair of shoes. When I come home my husband think its the most ugly shoes his ever seen. I decide to return them. That makes my sister-in-law and brother-in-law angry and decides that they never wants to see or talk to me again. My husband gets happy and think itís good. I dreamt this dream when using the program. I saw that "footsteps on thin ice" has been playing during thenight. br>:::.
Date: Wednesday 03rd of May 2006 (11:56:22 AM) Sound: Sound: Foreamt: I heard the railway and had the following dream; I was moving to a new village. When I arrived, my home was a train! There was no inflow or outflow, just blue seats och no place for and my luggageand behind I saw and heard a goodstrain passing
Date:Tuesday 11th of April 2006 (07:48:59 AM) <pre>Sound:Clock (Wall Clock Dated 1823 Strikes 12) <pre>Strikes 12) <pre>Stri</pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre></pre>
: <pre>cbr> .:::.Date:Sunday 19th of December 2010 (08:16:58 PM) location:undefined,undefined Sound:.Black-throated Loon (year and place unknown),7:46:2,Sedge Warbler (2004, Sweden),9:22:2,, </pre>
<pre> <i::.date:sunday (="")<br="" 08th="" 10:32:15="" 2010="" am="" august="" of=""></i::.date:sunday>br>location:Kuut,Estonia br>Sound:.Door(open and closed, place unknown),3:43:2,Train (steam),5:9:2,Sea(South of Sweden),5:47:2,Summerday(bird, small lake),6:30:2,Boat(Horn, foggy day, Stocl holm 1987)),8:1:2,Blackbird(1962, Sweden),8:53:2,Black-throated Loon (year and place unknown),10:12:2,Sedge Warbler (2004, Sweden),11:26:2,, br></pre>

<pre> <:::.Date:Sunday 08th of August 2010 (12:18:12 AM </pre>) >location:undefined,undefined Sound:
<pre> <:::.Date:Sunday 08th of August 2010 (12:17:50 AM br></pre>) <pre>) Cation:Peter,Estonia Sound: </pre>
<pre> <:::.Date:Sunday 08th of August 2010 (12:13:43 AM </pre>) <pre>Sound:<pre></pre></pre>
<pre> <-br><</pre>) location: undefined, undefined Sound:
<pre> <-br><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr><-chr<!-----><-chr><-chr><-chr><-chr><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-chr<!-----><-c</pre>	<pre> location:undefined,undefined Sound: </pre>
<pre> <-br><-:::.Date:Tuesday 10th of November 2009 (03:23:29 </pre>	PM) br>location:undefined,undefined Sound:
<pre> <-dr><-dr><-dr><-dr><-dr><-dr><-dr><-d</pre>	<pre> location:Goro,New York Sound: <</pre>
<pre> <:::.Date:Wednesday 15th of April 2009 (06:40:19 F)</pre>	M) location:undefined,undefined Sound:
<pre> >:::.Date:Wednesday 15th of April 2009 (09:06:16 # br></pre>	M) location:Kara,Georgia Sound: <
<pre> <:::.Date:Tuesday 03rd of March 2009 (08:28:47 AM </pre>) location:Angela,Philadelphia Sound:
<pre> <br< td=""><td>PM) br>location:randyhate,brooklyn br>Sound:.Door(open and closed, eden),5:21:2,Summerday(bird, small lake),6:27:2,, br></td></br<></pre>	PM) br>location:randyhate,brooklyn br>Sound:.Door(open and closed, eden),5:21:2,Summerday(bird, small lake),6:27:2,, br>
<pre> <-i::.Date:Tuesday 24th of February 2009 (12:42:21 </pre>	PM) br>location:Lowfill,Bogota, Colombia Sound: <br< td=""></br<>
<pre> <:::.Date:Monday 23rd of February 2009 (04:29:27 February 2009)</pre>	M) location:randyhate,brooklyn Sound:.Rain (Porch,Slick,Calm

),2:42:3,Clock (Wall Clock Dated 1823 Strikes 12),3:41:2,Clock (19th Century Mantlepiece Clock Stikes 2 0\'clock),5:7:2,Clock

(19th Century Mantlepiece Clock Stikes 2 O\'clock),6:22:4,Door(open and closed, place unknown),7:19:3,Train

(steam),8:22:3,Sea(South of Sweden),9:12:2,Summerday(bird, small lake),10:15:3,Boat(Horn, foggy day, Stockholm 1987)),10:29:3,,
<pre> <:::.Date:Sunday 22nd of February 2009 (11:01:38 PM) location:undefined,undefined Sound: </pre>
<pr> <:::.Date:Saturday 21st of February 2009 (10:16:25 PM) location:hunt,TOP Sound: </pr>
<pre> <br< td=""></br<></pre>
<pre> <br< td=""></br<></pre>
<pr> :::.Date:Thursday 19th of February 2009 (12:25:23 AM) location:undefined,undefined Sound: </pr>
<pre> <i:::date:wednesday (="")<br="" 11:58:58="" 18th="" 2009="" am="" february="" of="">location:randyhate,brooklyn Sound:.Black-throated Loon (year and place unknown),1:14:2,Sedge Warbler (2004, Sweden),2:22:2,Horse (steps that approach slowly, like tired),3:26:2,Snow (footsteps in fresh snow, like tired, Finishes with footsteps on cracking thin ice),3:35:2,Applause(Large theater),5:25:2,, cbr></i:::date:wednesday></pre>
<pre> <i:::.date:tuesday (="")<br="" 03:25:53="" 17th="" 2009="" february="" of="" pm=""></i:::.date:tuesday>(steam),2:48:2,Sea(South of Sweden),3:30:2,Summerday(bird, small lake),4:54:2,Boat(Horn, foggy day, Stockholm 1987)),5:53:2,Blackbird(1962, Sweden),7:19:3,Black-throated Loon (year and place unknown),8:2:2,Sedge Warbler (2004, Sweden),9:4:2,, br></pre>
<pre> <-br></pre>

br>	isbon or><
<pre> <:::.Date:Tuesday 17th of February 2009 (03:36:30 AM) location:fabi,color</pre>	nbia Sound:
<pre> <:::.Date:Tuesday 17th of February 2009 (03:32:27 AM) location:undefined,u</pre>	undefined Sound:
<pre> <:::.Date:Monday 16th of February 2009 (09:42:53 PM) location:undefined,unders</pre>	ndefined Sound:
<pre> <:::.Date:Monday 16th of February 2009 (11:26:00 AM) location:fabi,colombbr></pre>	oia Sound: <
<pre> <:::.Date:Sunday 15th of February 2009 (06:48:20 PM) location:undefined,underined</pre>	ndefined Sound:
<pre> <br< td=""><td>ece Clock Stikes 2 O\'clock),5:3:2,Clock</td></br<></pre>	ece Clock Stikes 2 O\'clock),5:3:2,Clock
<pre> <:::.Date:Sunday 15th of February 2009 (02:58:33 AM) >location:SHARON,BOGO</pre>	OTA/COLOMBIA Sound:
 br>	
<pre> <br< td=""><td>teps in fresh snow, like tired, Fin- m cleaner(from floor below),6:59:2,Rain</td></br<></pre>	teps in fresh snow, like tired, Fin- m cleaner(from floor below),6:59:2,Rain
<pre> for> <br< td=""><td>teps in fresh snow, like tired, Fin- m cleaner(from floor below),6:59:2,Rain h Century Mantlepiece Clock Stikes 2</td></br<></pre>	teps in fresh snow, like tired, Fin- m cleaner(from floor below),6:59:2,Rain h Century Mantlepiece Clock Stikes 2

<pre> <:::.Date:Friday 13th of February 2009 (10:01:18 AM) location:randyhate,brppklyn Sound: </pre>
<pre> <:::.Date:Friday 13th of February 2009 (09:57:58 AM) location:undefined,undefined Sound: </pre>
<pre> <:::.Date:Friday 13th of February 2009 (07:39:04 AM) location:Jad,NC Sound: </pre>
<pre> <:::.Date:Friday 13th of February 2009 (07:26:54 AM) location:sofia,college Sound: </pre>
<pre> <:::.Date:Wednesday 11th of February 2009 (11:32:22 PM) location:azsd,da Sound: </pre>
<pre> <:::.Date:Wednesday 11th of February 2009 (12:32:14 AM) location:kathrin,london Sound: </pre>
<pre> <:::.Date:Tuesday 10th of February 2009 (05:02:45 PM) location:cmp,westminster Sound: </pre>
<pre> <:::.Date:Tuesday 10th of February 2009 (04:24:51 PM) location:Christopher,Montreal Sound: </pre>
<pre> <i::.date:saturday (="")<br="" 07:11:13="" 2008="" 29th="" am="" march="" of="">location:Sten,Berlin Sound:.Black-throated Loon (year and place unknown),0:56:4,Sedge Warbler (2004, Sweden),2:9:10,Horse (steps that approach slowly, like tired),2:46:10,Snow (footsteps in fresh snow, like tired, Finishes with footsteps on cracking thin ice),3:12:01,Applause(Large theater),5:11:10,Vacuum cleaner(from floor below),5:56:10, Clock (Wall Clock Dated 1823 Strikes 12),7:50:4,Clock (19th Century Mantlepiece Clock Stikes 2 O\'clock),9:1:10,, br></i::.date:saturday></pre>
<pre> <i:::date:saturday (="")<br="" 07th="" 10:28:33="" 2006="" am="" october="" of=""></i:::date:saturday>br>location:gunsel,helsinki Sound:.Horse (steps that approach slowly, like tired),5:10:3,Snow (footsteps in fresh snow, like tired, Finishes with footsteps on cracking thin ice),6:17:3,Applause(Large theater),6:57:3,Vacuum cleaner(from floor below),7:31:3,Rain (Porch,Slick,Calm),9:26:3,Clock (Wall Clock Dated 1823 Strikes 12),9:57:3,Clock (19th Century Mantlepiece Clock Stikes 2 O\'clock),11:1:3,, <br< td=""></br<></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></pre>

About/Program

Recordings/sound

Read and post dreams

Recordings/dreams

Program

Submit sound



About/Program

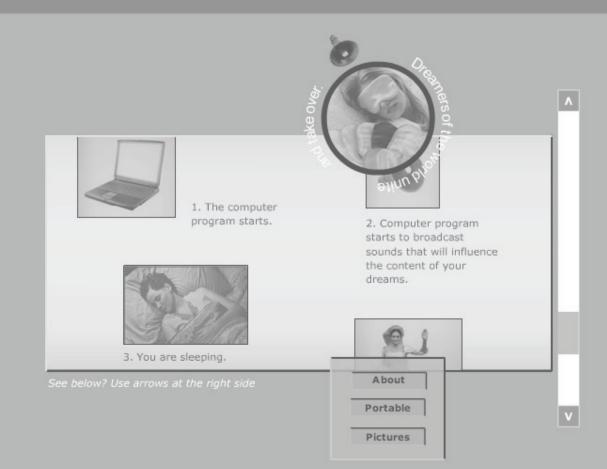
Recordings/sound

Read and post dreams

Recordings/dreams

Program

Submit sound



About/Program

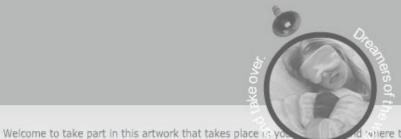
Recordings/sound

Read and post dreams

Recordings/dreams

Program

Submit sound



d where the stage is your

The program is constructed to broadcast sounds randomly throughout the night. There are no upsetting or disturbing sounds included in the program, the purpose is good. The sounds are played in a low volume, like a whisper. Sounds that we once heard and recognize as a memory. Information on the time and location where the sounds were played up is stored in database (see menu, recordings/sound). When using this program you also have the possibility to send the content of your dreams to a database that stores the dreams, as stories based on the sounds (see menu, recordings/sound). You also have the possibility to send dreams into a discussion-board. You can also participate and help me creating the content of program by submitting your sounds.

See below? Use arrows at the right side

dream...

About

Portable

Pictures

ь

About/Program

Recordings/sound

Read and post dreams

Recordings/dreams

Program

Submit sound



About the computer program.

On this website you can download the computer program and allow yourself to be influenced by sounds that are randomly broadcast straight into your bedroom. This is not a real program that you need to download and install. It's a website or more a web based program, since it would be confusing using the world website I descided to call it a program. The program sends out 5-10 sounds during one night. The sound sequences go on for two minutes. None of the sounds are uncomfortable or frightening. The sounds are symbolical and serve to enrich and create dreams.

ABOUT

FAQ



Λ

About/Program

Recordings/sound

Read and post dreams

Recordings/dreams

Program

Submit sound

Post your dreams.

[2]

[5]

[1]

[1]

[1]

[1]

[2]

were in the plane, we were landing on an airport in Iceland and as the everyone was ok inside but the pilot forgot to turn off the engine on one side and the plane kept spinning on the runway. I woke up and heard the of an aeroplane.

Subject: RE: aeroplane

Name: o

Comments: use paper and a pencil next to the bed and you might trains, aeroplanes, walking, cars

Previous Page (0 - 11) Next Page

company

aeroplane

theatre

Shoes

nightmare

restless legs

proffesional dancers

forgotten dreams

There was a dream

waked up happy

green oil colour

Post New Topic Reply to Topic

BACK

Poste

go to bed and when you get up.

sleep

0

wake

0.

osted dreams:

Date:Sunday 08th of August 2010 (10:32:15 AM)

Sound: Door(open and closed, place

unknown),3:43:2,Train (steam),5:9:2,Sea(South of

Sweden),5:47:2,Summerday(bird, small

Sweden),8:53:2,Blad unknown),10:12:2,5

Active

ound

random

previous sounds

System is running. The sounds will start in 1-2,5 hours. When you want to quit, please press button to send your dreams into the database.

thing just press button into the database. Delete ou want to say, press o system.



About/Program

Recordings/sound

Read and post dreams

Recordings/dreams

Program

Submit sound



Date: Sunday 08th of August 2010 (10:32:15 AM) location: Kuut, Estonia

Sound:.Door(open and closed, place unknown),3:43:2,Train (steam),5:9:2,Sea(South of Sweden),5:47:2,Summerday(bird, small lake),6:30:2,Boat(Horn, foggy day, Stockholm 1987)),8:1:2,Blackbird(1962, Sweden),8:53:2,Black-throated Loon (year and place unknown),10:12:2,Sedge Warbler (2004, Sweden),11:26:2,,

Date: Sunday 08th of August 2010 (12:18:12 AM) location:undefined,undefined Sound:

> Database with stored sounds that been played during night. To see more press buttons.



Number of dreams 79

About/Program

Recordings/sound

Read and post dreams

Recordings/dreams

Program

Submit sound



Welcome...

to experience an artwork that takes place inside your dreams...

Here is a website broadcasting sounds with the intention of influencing the contents of your dreams. The project is based on sleep- and dream-research, indicating that external stimuli like sound, smell and touch can be experienced also during sleep. Our dreams are shaped by an inner world, as well as by experiences that we have had during the day and the external stimuli we are exposed to during sleep. While dreaming we get in contact with sub- and pre-conscious layers of our soul. Using sound you can influence your dreams.

See below? Use arrows at the right side

About

Portable

Pictures

K